

River View

Relief Society Newsletter

September 2020

Sisters-

I hope you are well and happy. I find myself thinking about the talk by Elder Holland “The Miracle of Hope.” If you have a chance to read it please do- I will try to link it to my thoughts here. <https://youtu.be/s3IVijgPWMk> This talk speaks of hope and how to keep it alive in us. “Hope is a precious gift linked to our faith in God and our charity to others.” I know these last six months have brought so many changes in our lives. Faith, hope and charity have been what has gotten me through. I have seen so many of you reaching out and helping your neighbors and serving one another. This ward is truly amazing. Thank you.

Elder Holland also mentions the two greatest commandments- “To love God by obeying His council, and to love our neighbors by showing kindness, compassion and forgiveness.” If we take time to pray and listen to the promptings that come, we will find hope and courage. Please reach out to your neighbors and those you minister and we can continue to get through this together.

Please watch for more information about second hour of church starting again. Details are being worked out and will come soon.

I see you and love you and pray for you!

Georgette Rowley

Relief Society Presidency

Georgette Rowley President (801) 368-2009	Michelle Liechty First Counselor (801) 623-0930	Michelle Ruward Second Counselor (801) 427-3826	Natalie Oldham Secretary (801) 669-0996
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Our ward has experienced many changes since our last newsletter in February. We send a special welcome to all of the darling new babies and our congratulations and love to their families!

We would also like to welcome all of our new ward members! We are excited to get to know each of you!



General Conference

October 3-4 (Saturday-Sunday)

Morning Sessions:

10:00am-12:00pm

Afternoon Sessions:

2:00pm-4:00pm

~Saturday, October 3, 6:00pm~
Women's Session: for all women
and young women ages 11 and older

visit churchofjesuschrist.org for
viewing & listening options



September Birthdays

- | | |
|----|----------------------|
| 3 | Shelby Hughes |
| 7 | Jeanette Christensen |
| 10 | Sharon Lehmborg |
| 17 | Jessica Sappington |
| 20 | Michelle Ruward |
| 22 | Jan Ley Reese |
| 26 | Michelle Bluth |
| 26 | Aubrie Rowley |
| 30 | Kathy Richards |



THE LITTLE THINGS ABOUT...

Kenia Guzman

Hey Hey Hey!! My name is Kenia Guzman! What you need to know about me is that I am the baby of the family and that my dog is always behind me, so that deems her my furry best friend, her name is Midna. She's great. The picture was taken before my "Pre-Blonde" Life haha

Q: What is your favorite thing about your life?

A: That we get to be alive!! I totally get that life is hard (IT GETS ROUGH OUT THERE, TRUST ME I KNOW FAM) but the fact that we live and feel feelings is wonderful!! AND WHAT'S BETTER THAN THE FACT WE KNOW THAT WE CAN RETURN BACK HOME TO OUR HEAVENLY FATHER?? REALLY SWEETENS THE DEAL OF LIFE

Q: What's the most daring thing you've ever done?

A: One time, I went over to my friends' house and I was starting to get to know their family and they said I could get anything out of their fridge and that made me nervous so I opened the fridge then closed it immediately and said "WOO that raised my anxiety levels HIGH" I ended up just taking a box of cookies in their pantry, I got nervous eating it HAHAHA

Q: What is the best gift you have been given? Why?

A: While in the MTC my mom sends me a stuffed animal THAT WAS A HEAT PAD AND COLD COMPRESS ALL IN ONE AND HE SMELLS LIKE LAVENDER. His name is Harley and he's a hedgehog, I love him. I always put him in the microwave to warm him up and to quote my companion "Man! Harley keeps getting nuked!"

Q: How many languages do you speak? How many countries have you been to?

A: 2!! English and Spanish and I'm currently learning Korean!! (Why do I do this to myself?) I haven't been anywhere outside the U.S because my passport do be expired tho :'(

Q: What did you dream about becoming when you were younger? What do you dream about becoming or accomplishing in the future?

A: When I was a kid I wanted to be a vet (I feel like every kid had that aspiration) Currently the dream is to be a psychiatrist and to have a family, the simple things in life ya know? Man that is the DREAM

Q: Does your family have a spoken or unspoken "motto"?

A: The unspoken thing we say is that to let God know your troubles and pray to Him because only He can truly help us and guide us at the end of it all.

Q: What makes you laugh the most?

A: I have this thing called my quote book. I started back in HS and after I graduated I have about 6 volumes of it. They're all my favorite and make me laugh and have me remember those good times when they were said. (This one is my personal favorite: "Pedestrians in BYU town put all their trust in God" -Janette)

Q: What are some of the events in your life that made you who you are?

A: Two things!! Fights with my best friends (Weird I know but let me get to it) and my mission and coming home early! My best friend is literally my sister and looking back at our fights made me realize that I need to be a better friend and person in general, it hurt fighting with her (Imma cry just thinking about it) but it made me better and our friendship is WAY better and my mission made me a better disciple of Jesus Christ and my testimony grew so so much!! While on the flip side, coming home was less ideal, it made me reach out to my Savior because it truly was a low place for me and I am a lot closer to my Savior!! (My #1)

Q: What is something you've done that made you feel extreme happiness?

A: Going to therapy. My therapist was A REAL ONE.

Q: What do you want to be remembered for?

A: That I was able to love everybody and able to bring a smile to at least one person's face



THE LITTLE THINGS ABOUT...

Megan Bangerter

I grew up in Lake Arrowhead, California. Went to BYU for school and Sao Paulo, Brasil on my mission. I've been married 10 years and have three crazy kids and one crazy cat. We are big gamers, LEGO fans, and I always have something crafty going on. We've been in Spanish Fork for four years and plan to be here for a lot longer!

Q: What's your favorite family recipe?

A: My favorite family recipe is my dad's chicken fettuccine alfredo and his homemade German Chocolate Cake (the frosting is to die for)

Q: What are some of your hobbies? What hobbies would you like to develop?

A: Crafts, crafts, and more crafts. Also reading, gaming, piano, and just about whatever else I can do. I would love to get better at drawing - just need to put in the time!

Q: If you could win an Olympic medal for any sport, real or fake, what would it be?

A: Crafting. Definitely crafting.

Q: What are your nicknames? Any stories about how they came about?

A: My mom calls me Chickie 1. She always called us her "chickies", so my sister is Chickie 2, and my best friend is Chickie 3. The other pretty funny one I got was in High School and it was Mehan. It happened because there was another Megan in the band class, but she spelled it Meghan. If you know a Megan, we are very particular about how you spell our name - it's actually pretty funny. Anyway, he handed out some correspondence and he spelled my name with an H. I went up and corrected him, letting him know that there was no H in my name. The next letter that we got, he had taken out the G instead, leaving me with Mehan. It became an immediately adopted nickname and when people wanted to talk to me, they would say Mehan and when they wanted the other Megan, they would use her name. It sticks to this day.

Q: If you could make a 1-minute phone call to yourself at any point in your life, when would you call and what would you say?

A: I would call my 16 year old self and say "Try everything. Trust your mom. Be honest, even if you are scared. Don't go with the crowd. Take every chance that you have and run with it. Don't be afraid to do something new. Go out of your comfort zone. Let your shyness go - it's not a shield, it's a ball and chain" among other things.

Q: Where is your happy place? Who is there with you?

A: My craft room. Usually it's just me and sometimes the cat. Every now and again the kids can come in. :D

Q: What are some of the events in your life that made you who you are?

A: Being adopted as a baby and always knowing I was adopted. Starting a fabric business online and going to Comic Conventions. Going on a mission. My sister almost dying. Having kids. And I could go on and on and on.

Q: If you could share a meal with any 4 individuals, living or dead, who would they be?

A: Esther, Walt Disney, Queen Elizabeth II, and Tom Hiddleston.

Q: What's one thing you learned that completely changed your life?

A: I don't need anyone else to make me choose to be happy. Everything that I need is within me.

Q: Are there any fun facts about yourself that you would like to share?

A: My sister is also my half cousin. Have fun figuring that one out. :P

